

# BENDING THE TREND OF RISING COSTS



## A HOLISTIC APPROACH TO HEALTHCARE

You no longer need to choose between containing costs and caring for your employees, because Apta Health offers the perfect package of programs to bend your health care trend line, decrease costs over time, and give your employees access to better care. We focus on your employees' overall well-being and your company's future stability. Employer groups can expect immediate savings while your employees experience unmatched advocacy, guidance, and holistic care from the start.

We know that, in the constantly changing healthcare market, it can be challenging to find a program that fits your needs. It's time to start thinking about healthcare in a new way and take control of your future. Let us help you make the most of your health benefit program.

Visit Our  
Website!



**THE LAST HEALTHCARE PROGRAM YOU'LL EVER NEED**

# GUIDED HEALTHCARE™ PROGRAMS

There's no doubt that the current state of healthcare is fragmented and confusing. Insurance premiums continue to go up, and carriers continue to profit. Research shows that 24% of physician services are duplicated, meaning wasted spending and redundant care. What's more, 50% of patients say they are confused about their own health plans.

**Guided  
Healthcare™  
Professionals**

**Turnkey  
Self-Funded  
Program**

**Comprehensive  
Proactive Care**

The future of healthcare is looking more uncertain, and mid-sized companies are increasingly seeking to contain their spiraling employee health bills and provide their members with a better experience. One option is to break free from traditional, fully funded healthcare companies and pay for individual employee health claims yourself — also known as "self-funding."

Yet, cost savings alone doesn't solve the whole problem. For a happier, healthier workforce, you need coordinated care solutions.

That's where Apta Health comes in.

